

**MINUTES**  
**UTAH**  
**CONTROLLED SUBSTANCES ADVISORY COMMITTEE**  
**MEETING**

**April 27, 2015 – 4:00 p.m.**

**Room 474 (fourth floor)**  
**Heber M. Wells Building**  
**Salt Lake City, UT 84111**

**CONVENED:** 4:10 p.m.

**ADJOURNED:** 5:10 p.m.

**Bureau Manager:**

Suzette Farmer, Ph.D., RN

**Board Secretary:**

Shirlene Kimball

**Conducting:**

Mark Munger, Pharm D, Chairperson

**Committee Members Present:**

Mark Munger, Pharm D  
Elizabeth Howell, MD (by telephone)  
Jeffrey Paul Clark, MD (by telephone)  
David Young, Pharm D  
Scott W. Reed, AAG  
Blaine Winters, APRN  
Todd C. Grey, MD  
Major Brian Redd  
Jeffrey Wright, ND (by telephone)

**Committee Members Excused:**

Glen R Hanson, Ph.D, DDS  
Kenneth Schaecher, MD  
Darin M. Vercillo, MD

**Guests:**

Barbara Crouch, Pharm D, MSPH Utah Poison Control  
Amberly R. Johnson, Utah Poison Control  
Lynnette Wingert, DEA

**TOPICS FOR DISCUSSION**

**DECISIONS AND RECOMMENDATIONS**

**ADMINISTRATIVE BUSINESS:**

September 9, 2014 Minutes:

Dr. Young made a motion to approve the September 9, 2014 minutes as written. Dr. Wright seconded the motion. Major Redd and Dr. Munger abstained. All other Committee members voted in favor of the motion.

Oath of Office administered to Dr. Mark Munger:

Dr. Farmer administered the Oath of Office to Dr. Munger. Committee members each provided a brief background of education and work experience.

Dr. Suzette Farmer, Bureau Manager:

Dr. Farmer introduced herself as the new Bureau Manager for the Controlled Substances Advisory Committee and provided a brief background of her education and work experience.

Dr. Munger:

Dr. Munger stated he met with Dr. Sundwall and discussed the role of the Controlled Substances Advisory Committee. Dr. Sundwall had expressed concern that members of the Legislature did not recognize the hard work the CSAC Committee put into the research and preparing each annual report. Dr. Munger indicated he discussed Dr. Sundwall's concern with members of the Health and Human Services Committee. Each member of the Committee stated they appreciated the work of CSAC Committee members and gave Dr. Sundwall and CSAC members a round of applause. Dr. Munger indicated that the September 30, 2014 Annual Report was well accepted. Dr. Clark questioned if the Health and Human Services Committee considered the suggestion to have an emergency session to address the issues that arise in between sessions. Dr. Munger stated Health and Human Services Committee members discussed meeting off-cycle to address the issues; however, the discussion was not positive. Dr. Munger suggested we might want to continue to ask in a positive way. Mr. Reed stated that Legislative Counsel had ruled that the Committee cannot delegate to themselves, and he does not feel there is any more progress to be made. A special session would not be held unless there is an epidemic. Dr. Grey stated we are now a year behind and will continue to be behind. Dr. Munger stated that if Committee members have any suggestions regarding how to address this issue differently to let him know.

Report from Law Enforcement:

Major Redd reported law enforcement were reporting overdoses from oxyocotin; however, it turned out that they were overdoses from heroin. Major Redd stated they have not seen cutting heroin with fentanyl in Utah yet. Major Redd also reported that the Legislature limited Law Enforcement access to the Controlled Substances Database and law enforcement officers have to obtain a warrant to do a search in the Controlled Substances Database.

Major Redd stated they have been looking at an initiative

in New Jersey that reviews information regarding overdoses, emergency room visits for heroin and prescription medications to determine whether available resources can be shifted to an area where they would be more beneficial. This would be overlapping resources with law enforcement and looking at data from the medical side for treatment. The first step is gathering the information. Dr. Grey questioned who would provide the data analysis. Major Redd stated he is not sure who would be analyzing the data. Ms. Wingert, DEA, stated that the hospitals report overdoses to the database; however, for some reason DOPL did not follow through once it was reported. Dr. Farmer indicated she would contact chief investigator, Dave Furlong, to find out where the reports of overdoses from the hospital ERs go and the process of collecting that data. Dr. Crouch indicated that Poison Control would be interested in being a part of this initiative.

Report from Medical Examiner:

Dr. Grey reported the medical Examiner's office is seeing a gradual decline in the number of prescription overdoses. Dr. Grey indicated they are seeing more heroin overdoses and he stated Ms. McNair might be able to address whether or not the potency of the heroin has increased.

Report from the State Crime Lab:

Jennifer McNair could not be present today. Dr. Munger will contact Ms. McNair for her report.

Report from Utah Poison Control:

Dr. Crouch stated that Utah Poison Control collects data reported by physicians; but does not have the access to verify by laboratory analysis. Dr. Crouch reported they have seen a fair amount of 25l and 25c over the last year. Dr. Crouch indicated the CDC released synthetic marijuana (Spice) as an emerging substance abuse drug. She stated Louisiana has seen an increase the use of Spice, and it may be the 25- NBOMe, which is more along the lines of a stimulant. Mr. Reed stated that NBOMe is a scheduled drug in most states now. Dr. Crouch also indicated that FLAKKA has been seen mostly in the southern states. Dr. Munger indicated that a Legislator brought up FLAKKA; however, there was no follow-up. Dr. Crouch also reported that Krokodil, the "flesh-eating" drug from Russia has not been seen here. Dr. Crouch also stated that MDMA (Molly) is back east and does not think it is a major issue in Utah

yet. Dr. Howell stated it might not come here; Heroin is still the most widely used drug. Dr. Howell stated that as soon as we find out about one drug, 25 more come out. It is difficult to keep ahead of all the chemical variations.

Major Redd stated he would contact the surrounding states to find out what drugs are in their area.

#### National Trends and Policies:

Dr. Grey discussed problems associated with consumable marijuana. Dr. Howell stated that the individual might not realize the amount of marijuana they have ingested. Dr. Crouch indicated the state of Washington is having problems because edible marijuana is not regulated. It was reported that Washington is seeing more ER visits as a result. Dr. Young stated that Colorado does not regulate the edible marijuana and are having similar problems. Mr. Reed stated the mission of the Committee is to recommend a drug be scheduled and this issue would go beyond the function of the Committee. Dr. Young stated it would be nice if legislators sought feedback from the CSAC.

Dr. Farmer read the Rules regarding the function of the CSAC Committee. Ms. Wingert, DEA, stated legislators may not be aware of all the different experts sitting on the Committee and may not be asking questions of the right people. Dr. Young stated that at one time, this Committee was known only as the Spice Committee. He stated he found it offensive because the Committee spends a lot of time doing research on other issues. Dr. Howell stated Committee members have so much expertise, the role of the Committee could be expanded and be more of an advisory role for addiction in general, along with recommendations regarding prescription and synthetic drugs. The legislature cannot be experts on everything and it would be beneficial to use the expertise of the CSAC members. Dr. Munger stated the one thing he would like to do is to promote Committee members expertise and let the Health and Human Services Committee determine how best to use CSAC members. Mr. Reed stated there are many other committees and we do not want to replicate their duties and functions.

#### Next meeting:

The next meeting will be scheduled for September 14, 2015.

*Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.*

Date Approved 09/14/13

  
Mark Munger, Chair  
Controlled Substances Advisory Committee

9/14/15

Date Approved

  
Suzette Farmer, Bureau Manager, Division of  
Occupational & Professional Licensing